

The Church of the Holy Trinity

Rittenhouse Square

The Fifth Sunday *after* The Epiphany

11:00 am

Holy Eucharist, Rite II



February 4, 2024

What's Happening This Week:

Morning Prayer is held every weekday at 9:00 am on Facebook.

A winter shelter for men, run by Bethesda Project, is held in our Centennial Room daily from Dec-April

<u>Date</u>	<u>Time</u>	<u>Event</u>	<u>Location</u>
Sunday, February 4	9:30 am	Formation/Education – Sainly Studies	Church
	11:00 am	Holy Eucharist – 5 th Sun after the Epiphany	Church
	12:00 pm	Refreshments	Narthex
	12:30 pm	Chorister Rehearsal	Church
	4:30 pm	Open Hearts Cafe Meal/Clothing	Walnut St.
Monday, February 5	10:00-3:00	Church Open	
Tuesday, February 6	10:00-3:00	Church Open	
	4:30 pm	Open Hearts Cafe Meal/Clothing	Walnut St.
Wednesday, February 7	10:00-3:00	Church Open	
	10:00	Staff Meeting	
Thursday, February 8	10:00-3:00	Church Open	
	12:15 pm	Healing Eucharist	Prayer Chapel
Sunday, February 11	9:30 am	Formation/Education – Sainly Studies	Church
	11:00 am	Holy Eucharist – Last Sun after the Epiphany	Church
	12:00 pm	Refreshments	Narthex
	4:30 pm	Open Hearts Cafe Meal/Clothing	Walnut St.



ASH WEDNESDAY SERVICES

Wednesday, February 14, 2024

at 12:00 pm and 6:00 pm

ANNUAL CONGREGATIONAL MEETING

April 21, 2024

After the 11 am service in the Sanctuary.

Welcome! We are so glad you are with us today!

A few reminders and information for your time with us today

Service: Everything you need to join in the service is in this bulletin. If you have questions or need assistance, please ask one of the ushers (who handed you this bulletin) or a neighbor in your pew.

Children are always welcome in our worship service and we love to hear their joyful sounds and see their wiggly ways! We have books for all ages and activity bags in the back for children who wish to stay with their families during the service. We also have the “Pew Pen” in the front of the church for those we need a little more space to move around.

Restrooms are located at the front of the church. Walk down the left aisle toward the door with the EXIT sign. Go through the door, and turn left. Men’s room is straight ahead, women’s to the right. If you prefer a gender neutral bathroom, please ask our ushers to show you where this is.

Masks: We don’t require masks, but we support you if you want to wear one. We generally ask staff and service participants to wear them when they aren’t feeling well. Please ask if you need one!

During **The Peace**, we connect with our neighbors to say hello and to offer each other the Peace of Christ (which is an incredible gift to give). You can shake hands, wave, show the peace sign or fist/elbow bump. Check in with your neighbor to see what kind of contact they want and follow their lead, and don’t be afraid to tell someone what’s best for you!

Offering: Halfway through the service you will notice that we pass a plate around to collect the offering. The offerings we give help to support to work this church does, the people who work here, and our programs for the neighborhood. If you wish to help support our amazing programs, you can put something in the plate, text **CHT DONATE to 73256** or using the QR code to the right. You can also sign up to give weekly with REALM (www.htrit.org/give).



Communion: All who are baptized in any Christian tradition are welcome to join us for communion (all ages are welcome). If you prefer a blessing, please let one of the clergy know. We will share the bread and wine at the altar rail at the front of the church. Gluten free wafers are available. If you are unable to come to the front, or prefer to stay in your pew we will bring communion to you.

More Information? Join us at the Welcome table in the back of the church or visit our website www.htrit.org for more information and to sign up for the weekly E-News.

We ask that you **turn off or silence your Cell Phone** during the service. Thank you!

Welcome & Parish Notices

THE ENTRANCE RITE

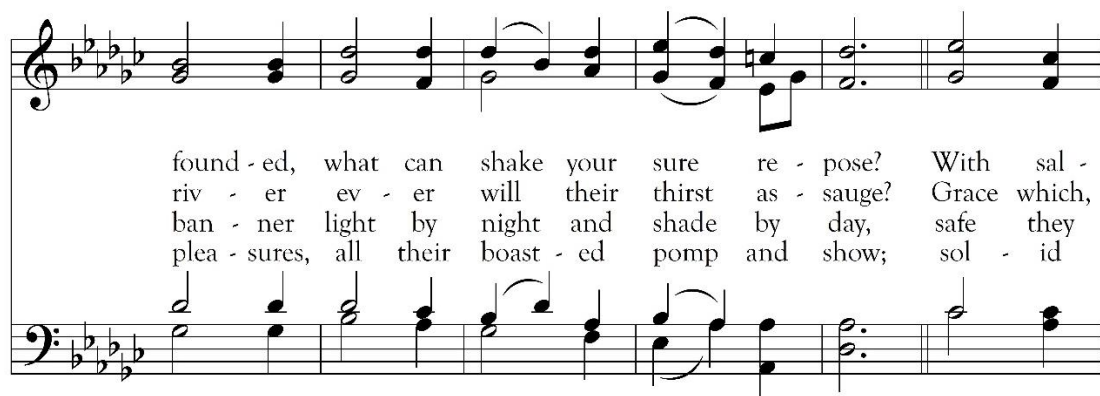
Entrance Hymn

Blaenwern

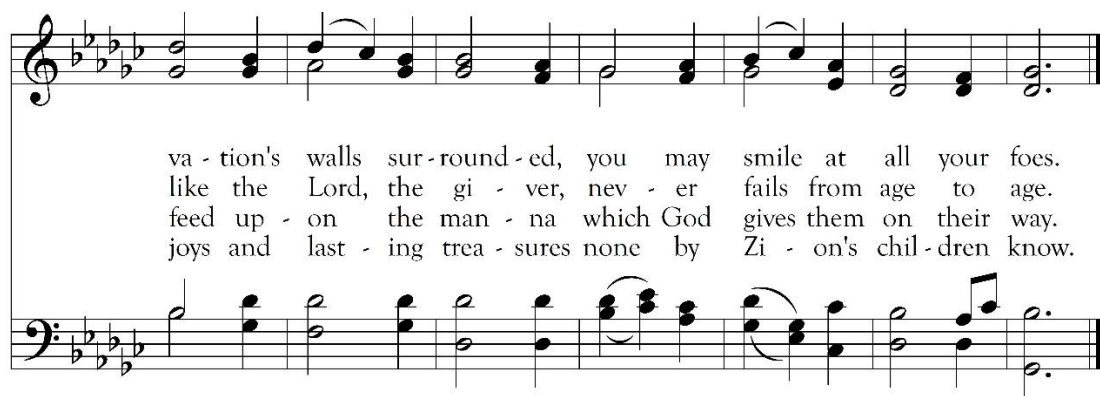
1 Glo - rious things of you are spo - ken, Zi - on, cit - y
2 See the streams of liv - ing wa - ters, spring - ing from e -
3 Round each hab - i - ta - tion hov - 'ring, see the cloud and
4 Sav - ior, since of Zi - on's cit - y I through grace a

of our God! He whose word can - not be bro - ken
ter - nal love, well sup - ply your sons and daugh - ters,
fire ap - pear for a glo - ry and a cov - 'ring,
mem - ber am, let the world de - ride or pit - y,

formed you for his own a - bode. On the Rock of A - ges
and all fear of want re - move. Who can faint, while such a
show - ing that the Lord is near. Thus de - riv - ing from their
I will glo - ry in your name. Fad - ing are the world's vain



found - ed, what can shake your sure re - pose? With sal -
 riv - er ev - er will their thirst as - sauge? Grace which,
 ban - ner light by night and shade by day, safe they
 plea - sures, all their boast - ed pomp and show; sol - id



va - tion's walls sur - round - ed, you may smile at all your foes.
 like the Lord, the gi - ver, nev - er fails from age to age.
 feed up - on the man - na which God gives them on their way.
 joys and last - ing trea - sures none by Zi - on's chil - dren know.

Opening Acclamation

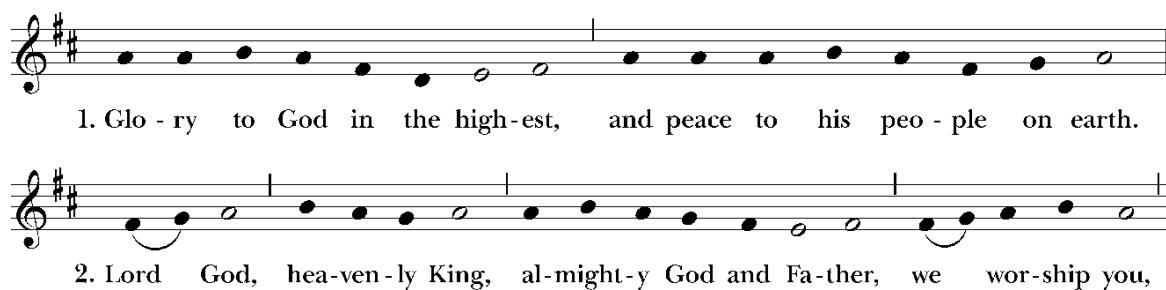
Presider Blessed be God: Father, Son, and Holy Spirit

People And blessed be God's kingdom now and for ever. Amen

Collect for Purity

Presider Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Gloria S-277



1. Glo - ry to God in the high - est, and peace to his peo - ple on earth.

2. Lord God, hea - ven - ly King, al - might - y God and Fa - ther, we wor - ship you,

we give you thanks, we praise you for your glo - ry. 3. Lord Je - sus Christ,
on - ly Son of the Fa - ther, Lord God, Lamb of God,
4. you take a - way the sin of the world; have mer - cy on us;
5. you are seat - ed at the right hand of the Fa - ther; re - ceive our prayer.
6. For you a - lone are the Ho - ly One, you a - lone are the Lord,
7. you a - lone are the Most High, Je - sus Christ, with the Ho - ly Spi - rit,
in the glo - ry of God the Fa - ther. A - men.

Collect of the Day

Presider The Lord be with you.

People **And also with you.**

Presider Let us pray.

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

Please be seated for the readings.

THE WORD OF GOD

First Lesson: Isaiah 40:21-31

James Otwell

Reader A reading from the prophet Isaiah.

Have you not known? Have you not heard?
Has it not been told you from the beginning?
Have you not understood from the foundations of the earth?
It is he who sits above the circle of the earth,
and its inhabitants are like grasshoppers;
who stretches out the heavens like a curtain,
and spreads them like a tent to live in;
who brings princes to naught,
and makes the rulers of the earth as nothing.
Scarcely are they planted, scarcely sown,
scarcely has their stem taken root in the earth,
when he blows upon them, and they wither,
and the tempest carries them off like stubble.
To whom then will you compare me,
or who is my equal? says the Holy One.
Lift up your eyes on high and see:
Who created these?
He who brings out their host and numbers them,
calling them all by name;
because he is great in strength,
mighty in power,
not one is missing.
Why do you say, O Jacob,
and speak, O Israel,
"My way is hidden from the LORD,
and my right is disregarded by my God"?
Have you not known? Have you not heard?
The LORD is the everlasting God,
the Creator of the ends of the earth.
He does not faint or grow weary;
his understanding is unsearchable.
He gives power to the faint,
and strengthens the powerless.

Even youths will faint and be weary,
and the young will fall exhausted;
but those who wait for the LORD shall renew their strength,
they shall mount up with wings like eagles,
they shall run and not be weary,
they shall walk and not faint.

Reader The Word of the Lord.

People **Thanks be to God.**

Psalm 147 *Laudate Dominum*

- ¹ Hallelujah!
How good it is to sing praises to our God! *
how pleasant it is to honor him with praise!
- ² The LORD rebuilds Jerusalem; *
he gathers the exiles of Israel.
- ³ He heals the brokenhearted *
and binds up their wounds.
- ⁴ He counts the number of the stars *
and calls them all by their names.
- ⁵ Great is our LORD and mighty in power; *
there is no limit to his wisdom.
- ⁶ The LORD lifts up the lowly, *
but casts the wicked to the ground.
- ⁷ Sing to the LORD with thanksgiving; *
make music to our God upon the harp.
- ⁸ He covers the heavens with clouds *
and prepares rain for the earth;
- ⁹ He makes grass to grow upon the mountains *
and green plants to serve mankind.
- ¹⁰ He provides food for flocks and herds *
and for the young ravens when they cry.
- ¹¹ He is not impressed by the might of a horse; *
he has no pleasure in the strength of a man;
- ¹² But the LORD has pleasure in those who fear him, *
in those who await his gracious favor.
- ²¹ Hallelujah!

Reader A reading from Paul's first letter to the Corinthians.

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel.

For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

Reader The Word of the Lord.

People **Thanks be to God.**

Please stand as able.

The Sequence Hymn continues on the following page.

Choir: 1. From miles a - round the sick ones came, in hope that One they
 Choir: 2. And still they come, new preys of plague, while of - ten in their
 All: 3. Re - call us to our mis-sion, Lord, to reach for those cut

heard was Lord would make their souls and bod - ies
 rooms of prayer God's peo - ple wor - ship, safe and
 off, in pain; to of - fer friend-ship, strength, and

well, with heal - ing touch or sav - ing word.
 sound, un - heed-ing, e - ven un - a - ware.
 peace and be a faith - ful church a -

3. gain.

The Gospel: Mark 1:29-39

Celebrant The Holy Gospel of our Lord Jesus Christ according to Mark.
People **Glory to you, Lord Christ.**

After Jesus and his disciples left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you."

He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

Celebrant The Gospel of the Lord.
People **Praise to you, Lord Christ.**

At the conclusion of the Gospel procession, the people are seated.

The Sermon

The Rev. John Gardner

After a period of silence, please stand for the Creed.

The Nicene Creed

All We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the

Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People, Form III

Brian Felty

Leader Father, we pray for your holy Catholic Church;
People **That we all may be one.**

Leader Grant that every member of the Church may truly and humbly serve you;
People **That your Name may be glorified by all people.**

Leader We pray for all bishops, priests, and deacons;
People **That they may be faithful ministers of your Word and Sacraments.**

Leader We pray for all who govern and hold authority in the nations of the world;
People **That there may be justice and peace on the earth.**

Leader Give us grace to do your will in all that we undertake;
People **That our works may find favor in your sight.**

Leader Have compassion on those who suffer from any grief or trouble, especially Linda, Don, Ruth & Barry, Rachel, Marie, Catherine, Arnold, Christal, Julia, Matthew, Jamie, Diana, Steve, David, and Yueh-Ha.
People **That they may be delivered from their distress.**

Leader Give to the departed eternal rest.
People **Let light perpetual shine upon them.**

Leader We praise you for your saints who have entered into joy;
People **May we also come to share in your heavenly kingdom.**

Presider O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son, and Holy Spirit, now and for ever. **Amen.**

Confession of Sin

Presider Let us confess our sins against God and our neighbor.

All Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Absolution

Presider Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Peace

Presider The peace of the Lord be always with you.

People **And also with you.**

You are invited to connect with your neighbors by waving, showing the peace sign, or using fist or elbow bumps. Following the Peace, the people are seated.

THE HOLY COMMUNION

Offertory Sentence

Presider Hallelujah! How good it is to sing praises to our God! How pleasant it is to honor him with praise! He heals the brokenhearted and binds up their wounds. He counts the number of the stars and calls them all by their names. *Psalm 147*

Anthem

Salvator Mundi

Herbert Howells

O Savior of the world,
who by thy cross and thy precious blood has redeemed us,
save us and help us, we humbly beseech thee, O Lord.

Following the anthem, the People stand at the invitation of the Celebrant.

Celebrant *People*
 The Lord be with you. And al - so with you.

Celebrant *People*
 Lift up your hearts. We lift them to the Lord.

Celebrant
 Let us give thanks to the Lord our God.

People
 It is right to give him thanks and praise.

Celebrant It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Sanctus S-124

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, hea - ven and
 earth are full of your glo - ry. Ho - san - na in the high - est.
 Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

Celebrant We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son.

For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

All Therefore, according to his command, O Father,
We remember his death,
We proclaim his resurrection,
We await his coming in glory.

Celebrant And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit.

In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your children; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

All **AMEN.**

The Lord's Prayer

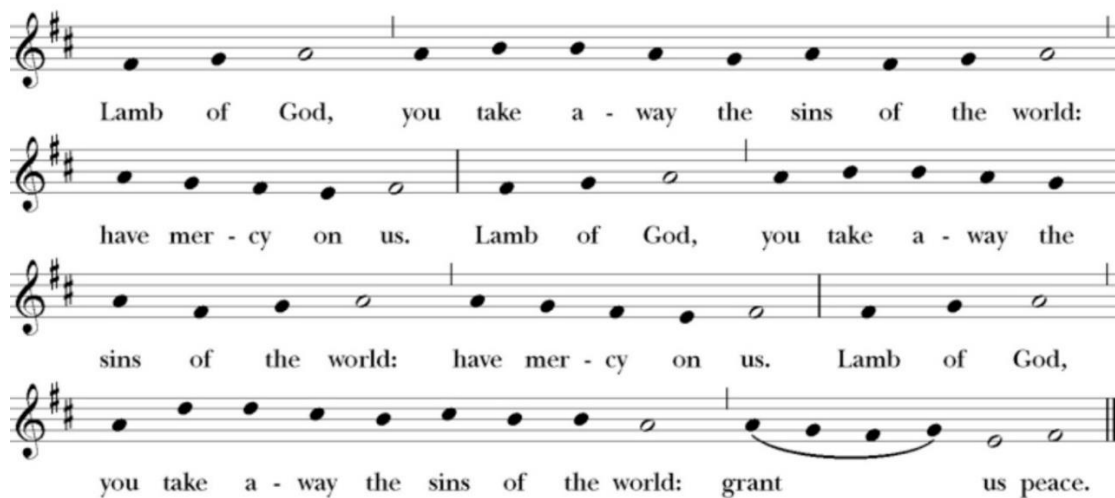
Celebrant And now, as our Savior Jesus Christ has taught us, we are bold to say:

All **Our Father, who art in heaven,**
hallowed be thy Name,
thy kingdom come, thy will be done, on earth as it is in heaven.

Give us this day our daily bread.
 And forgive us our trespasses,
 as we forgive those who trespass against us.
 And lead us not into temptation,
 but deliver us from evil.
 For thine is the kingdom,
 and the power, and the glory,
 for ever and ever. Amen.

The Breaking of the Bread

Agnus Dei S-161



Celebrant The Gifts of God for the People of God.

Please be seated.


Prayer for Spiritual Communion *for those not taking communion or joining online today*

My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot now receive you sacramentally, come at least spiritually into my heart. As though you have already come, I embrace you and unite myself entirely to you; never permit me to be separated from you. Amen

by St. Alphonsus de Liguori (1696-1787)ad,

Distribution of Communion

To receive communion, please follow the directions of the ushers to the rail at the front of the church. Gluten-free wafers are available. If you prefer a blessing, let us know! We will bring communion to anyone unable or uncomfortable coming to the rail.



1. As we gath - er at your Ta - ble, as we
 2. Turn our wor - ship in - to wit - ness in the
 3. Gra - cious Spi - rit, help us sum - mon oth - er

lis - ten to your Word, help us know, O God, your pres - ence; let our
 sac - ra - ment of life; send us forth to love and serve you, bring - ing
 guests to share that Feast where tri - um - phant Love will wel - come those who

hearts and minds be stirred. Nour - ish us with sa - cred sto - ry till we
 peace where there is strife. Give us, Christ, your great com - pas - sion to for -
 had been last and least. There no more will en - vy blind us nor will

claim it as our own; teach us through this ho - ly ban - quet how to
 give as you for - gave; may we still be - hold your im - age in the
 pride our peace des - troy, as we join with saints and an - gels to re -

make Love's vic - t'ry known.
 world you died - to save.
 peat the sound - ing joy.

Please stand as able.

Post Communion Prayer

Celebrant Let us pray.

All Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

Blessing

Celebrant The blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and those you love, now and forever. **Amen.**

1 O bless the Lord, my soul! His grace to thee pro - claim!
 2 O bless the Lord, my soul! His mer - cies bear in mind!
 3 He will not al - ways chide; he will with pa - tience wait;
 4 He par - dons all thy sins, pro - longs thy fee - ble breath;
 5 He clothes thee with his love, up - holds thee with his truth;

1 And all that is with - in me join to bless his ho - ly Name!
 2 For - get not all his ben - e - fits! The Lord to thee is kind.
 3 his wrath is ev - er slow to rise and rea - dy to a - bate.
 4 he heal - eth thine in - fir - mi - ties and ran - soms thee from death.
 5 and like the ea - gle he re - news the vi - gor of thy youth.

6 Then bless his holy Name,
 whose grace hath made thee whole,
 whose loving-kindness crowns thy days:
 O bless the Lord, my soul!

Dismissal

Presider Let us go forth in the name of Christ.

People Thanks be to God.

Postlude

Praeludium in G, BuxWV 162

Dieterich Buxtehude

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TODAY'S PARTICIPANTS

James Otwell & Jeannie Welsh, *Lectors*

Brian Felty, *Intercessor*

Nancy Rasmussen, *Usher*

Boyden Gardner, *Streaming*

Jeannie Welsh, *Refreshments*

Interested in knowing more or getting more involved?

Stop by the **Welcome Table** in the back of the church and let us know what you're interested in – we want to use **YOUR** gifts and the skills you want to share. For specifics see below!

if you enjoy public speaking, **read in church** – Jeannie communications@htrit.org
if you love to iron or polish silver, **join the altar guild!** Don mckenzie2101@aol.com
if you love baking –**bring a treat** after church – Nancy nrasmussen2740@gmail.com
if you love being the center of attention, **acolyte** – Donald dmeineke@htrit.org
if you love talking to people, help **greet and usher** – Nancy nrasmussen2740@gmail.com
if you love **flowers** and want to **learn how to arrange them** – Sally sforemangriffith@gmail.com
if you love all things techy – **help with the livestream/sound** – communications@htrit.org



SHROVE TUESDAY

Please join us in the Parish House on
Shrove Tuesday
February 13th, 6
6:00 – 8:00PM

Since Lent begins the next day,
we'll celebrate with an evening of treats and fun.

There will be a pancake supper
and you can decorate your own donuts.

All are welcome – come enjoy “decadent” food, activities, and just being together.

Please contact Nancy Rasmussen at nrasmussen2740@gmail.com with any questions.

No need to RSVP...just enter the Parish House at the Walnut Street door.

THE CHURCH OF THE HOLY TRINITY - ADULT EDUCATION

SAINTLY STUDIES

Studying the Saints and the Art Depicting Them

CLASS SCHEDULE
JAN-FEB 2024

JANUARY 7

Catherine
April 29

Art:

Bartolomeo Veneto
Raphael

JANUARY 28

Brigid
February 1

Art:

Barry Macguire
Alexandra Ogle-
Ottinger

JANUARY 14

Cecelia
November 22

Art:

Pietro da Cortona
Stefano Maderno

FEBRUARY 4

Teresa of Ávila
October 15

Art:

John Armstrong
Benet Mercadé

JANUARY 21

Lucy
December 13

Art:

Francesco del Cossa
Caravaggio

FEBRUARY 11

Joan of Arc
May 30

Art:

John Everett Millais
Jules Bastien-Lepage

9:30 am

