

# The Church of the Holy Trinity

Rittenhouse Square

## First Sunday *in* Lent

11:00 am

Holy Eucharist, Rite II



*Where everyone can find a place*

February 18, 2024

# What's Happening This Week:

*Morning Prayer is held every weekday at 9:00 am on Facebook.*

*A winter shelter for men, run by Bethesda Project, is held in our Centennial Room daily from Dec-April*

<u>Date</u>	<u>Time</u>	<u>Event</u>	<u>Location</u>
Sunday, February 18	9:30 am	Lenten Adult Education <i>The Screwtape Letters</i>	Church
	11:00 am	Holy Eucharist - <i>The 1<sup>st</sup> Sunday in Lent</i>	Church
	12:00 pm	Refreshments	Church
	12:30 pm	Chorister Rehearsal	Church
	12:30 pm	February Vestry Meeting	Parish House Library
	4:30 pm	Open Hearts Cafe Meal/Clothing	Walnut St
Monday, February 19	10:00-3:00	Church Closed - Presidents' Day	
	6:30-8:30 p	Winter Shelter	Parish House
	7:00 pm	Choral Arts Rehearsal	Church
Tuesday, February 20	10:00-3:00	Church Open	
	4:30 pm	Property Committee	Online
	4:30 pm	Open Hearts Cafe Meal/Clothing	Walnut St.
	6:30 pm	Revenue Sub Committee	Online
Wednesday, February 21	10:00-3:00	Church Open	
	10:30 am	Staff Meeting	Parish House
	12:15 pm	Lenten Music Meditation	Church
Thursday, February 22	10:00-3:00	Church Open	
	12:15 pm	Healing Eucharist	Church
Sunday, February 25	9:30 am	Lenten Adult Education <i>The Screwtape Letters</i>	Church
	11:00 am	Holy Eucharist - <i>The 2<sup>nd</sup> Sunday in Lent</i>	Church
	12:00 pm	Refreshments	Church
	12:30 pm	Chorister Rehearsal	Choir Room
	4:30 pm	Open Hearts Cafe Meal/Clothing	Walnut St.

## TODAY'S PARTICIPANTS

Thomas Lipscomb, *Crucifer*  
 Thomas Lipscomb & Frank LaMay, *Lectors*  
 Marshall McMain, *Intercessor*  
 Peter Ryker, *Usher*  
 Boyden Gardner, *Streaming*

# Welcome! We are glad you are with us today.

*You can find more information on the back of the bulletin.*

## Our Vivid Vision

*This was created in 2022 in collaboration with the Rectors, Wardens & Vestry and is intended to describe where we will be in 3 years.*

The church is bursting with life. Outside the building, people are talking, resting, and enjoying the weather. Inside, people are coming and going – staff and volunteers connecting and welcoming. Families, students, working professionals, retirees and neighbors mingle with each other, finding resources they need: safety and support, education, and creative outlets. Visitors and members alike find a place to make a difference and share their gifts with each other. The smell of delicious food wafts through the air as the chefs prepare the community meal for the day. Visitors from all over the world are marveling at the beautiful interior of the sanctuary. Worshippers are laughing, singing, praising, and just enjoying being together. The delicate sounds of violin mingle with the robust organ and the echoes of voices. We are more than just a place on the Square. We are an integral part of the neighborhood.

## Core Values

### **Inclusion/Welcome**

We believe that no one should feel left out or alone. We embrace our differences and respect each person within our community. This allows everyone to bring their unique and authentic gifts to further the mission of the church.

### **Innovation**

We are not afraid of trying new things or changing when necessary. If things do not work out, we are open to re-evaluate, learn from our mistakes, and try again.

### **Collaboration**

We listen to and support one another, working and evolving together. We build upon each other's strengths and lift up each other's gifts.

### **Community Mindedness**

Church is not an individual endeavor, but a community experience. We believe that we cannot each succeed or be whole, unless everyone finds success and wholeness.

## Culture

### **Joyful**

We are hopeful, optimistic, and have fun together. Being part of this community gives us joy, and our joy spreads to others and makes us want to share joy with them.

### **Fearless**

We are innovative, purposeful and adaptable. We believe that with God all things are possible and that with prayer and connection to God we will always have enough. We are not afraid of trying new things or of failing. We learn from our mistakes. We reach out to others drawing them in, not waiting for them to find us.

### **Embracing**

We love others, because God loves us. This means that we are accepting, welcoming, open, genuine, and empathetic. We speak the truth in love.

### **Engaged**

Our connection to this organization is full of energy. We give without expectation of return. We continuously learn about the community and our neighbors and adapt our connections as needed. We all contribute our time, money and skills to make our community better.

## Welcome &amp; Parish Notices

## THE ENTRANCE RITE

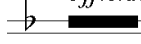
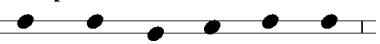
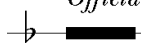



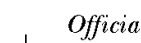

*Please stand as able*

## An Invitation to a Holy Lent

*Presider* Dear People of God: The first Christians observed with great devotion the days of our Lord's passion and resurrection, and it became the custom of the Church to prepare for them by a season of penitence and fasting. This season of Lent provided a time in which converts to the faith were prepared for Holy Baptism. It was also a time when those who, because of notorious sins, had been separated from the body of the faithful were reconciled by penitence and forgiveness, and restored to the fellowship of the Church. Thereby, the whole congregation was put in mind of the message of pardon and absolution set forth in the Gospel of our Savior, and of the need which all Christians continually have to renew their repentance and faith.

I invite you, therefore, in the name of the Church, to the observance of a holy Lent, by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God's holy Word. And, to make a right beginning of repentance, and as a mark of our mortal nature, let us now pray before the Lord, our maker and redeemer.

## The Great Litany

<i>Officiant</i> 	<i>People</i> 
O God the Father, Creator of heaven and earth,	Have mer - cy up - on us.
<i>Officiant</i> 	<i>People</i> 
O God the Son, Redeemer of the world,	Have mer - cy up - on us.
<i>Officiant</i> 	<i>People</i> 
O God the Holy Ghost, Sanctifier of the faith - ful,	Have mer - cy up - on us.
<i>Officiant</i> 	<i>People</i> 
O holy, blessed, and glorious Trinity, one God,	Have mer - cy up - on us.

*Officiant*

Remember not, Lord Christ, our offenses, nor the offenses of our forefathers; neither reward us according to our sins. Spare us, good Lord, spare thy people, whom thou hast redeemed with thy most precious blood, and by thy mercy

*People*

preserve us for ev - er. Spare us, good Lord.

*Officiant*

From all evil and wickedness; from sin; from the crafts and assaults of the

devil; and from everlast - ing dam - na - tion,

*People*

Good Lord, de - liv - er us.

From all blindness of heart; from pride, vainglory, and hypocrisy; from envy, hatred, and malice; and from all want of charity,  
*Good Lord, deliver us.*

From all inordinate and sinful affections; and from all the deceits of the world, the flesh, and the devil,  
*Good Lord, deliver us.*

From all false doctrine, heresy, and schism; from hardness of heart, and contempt of thy Word and commandment,  
*Good Lord, deliver us.*

From lightning and tempest; from earthquake, fire, and flood; from plague, pestilence, and famine,  
*Good Lord, deliver us.*

From all oppression, conspiracy, and rebellion; from violence, battle, and murder; and from dying suddenly and unprepared,  
*Good Lord, deliver us.*

By the mystery of thy holy Incarnation; by thy holy Nativity and submission to the Law; by thy Baptism, Fasting, and Temptation,  
*Good Lord, deliver us.*

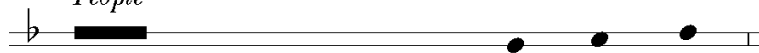
By thine Agony and Bloody Sweat; by thy Cross and Passion; by thy precious Death and Burial; by thy glorious Resurrection and Ascension; and by the Coming of the Holy Ghost,

*Good Lord, deliver us.*

In all time of our tribulation; in all time of our prosperity; in the hour of death, and in the day of judgment,

*Good Lord, deliver us.*

We sinners do beseech thee to hear us, O Lord God; and that it may please thee to rule and govern thy holy Church Universal in the right way,

*People*  
  
We beseech thee to hear us, good Lord.

That it may please thee to illumine all bishops, priests, and deacons, with true knowledge and understanding of thy Word; and that both by their preaching and living, they may set it forth, and show it accordingly,

*We beseech thee to hear us, good Lord.*

That it may please thee to bless and keep all thy people,

*We beseech thee to hear us, good Lord.*

That it may please thee to send forth laborers into thy harvest, and to draw all mankind into thy kingdom,

*We beseech thee to hear us, good Lord.*

That it may please thee to give to all people increase of grace to hear and receive thy Word, and to bring forth the fruits of the Spirit,

*We beseech thee to hear us, good Lord.*

That it may please thee to bring into the way of truth all such as have erred, and are deceived,

*We beseech thee to hear us, good Lord.*

That it may please thee to give us a heart to love and fear thee, and diligently to live after thy commandments,

*We beseech thee to hear us, good Lord.*

That it may please thee so to rule the hearts of thy servants, the President of the United States, and all others in authority, that they may do justice, and love mercy, and walk in the ways of truth,  
*We beseech thee to hear us, good Lord.*

That it may please thee to make wars to cease in all the world; to give to all nations unity, peace, and concord; and to bestow freedom upon all peoples,  
*We beseech thee to hear us, good Lord.*

That it may please thee to show thy pity upon all prisoners and captives, the homeless and the hungry, and all who are desolate and oppressed,  
*We beseech thee to hear us, good Lord.*

That it may please thee to give and preserve to our use the bountiful fruits of the earth, so that in due time all may enjoy them,  
*We beseech thee to hear us, good Lord.*

That it may please thee to inspire us, in our several callings, to do the work which thou givest us to do with singleness of heart as thy servants, and for the common good,  
*We beseech thee to hear us, good Lord.*

That it may please thee to preserve all who are in danger by reason of their labor or their travel,  
*We beseech thee to hear us, good Lord.*

That it may please thee to preserve, and provide for, all women in childbirth, young children and orphans, the widowed, and all whose homes are broken or torn by strife,  
*We beseech thee to hear us, good Lord.*

That it may please thee to visit the lonely; to strengthen all who suffer in mind, body, and spirit; and to comfort with thy presence those who are failing and infirm,  
*We beseech thee to hear us, good Lord.*

That it may please thee to support, help, and comfort all who are in danger, necessity, and tribulation,  
*We beseech thee to hear us, good Lord.*

That it may please thee to have mercy upon all mankind,  
*We beseech thee to hear us, good Lord.*

That it may please thee to give us true repentance; to forgive us all our sins,  
negligences, and ignorances; and to endue us with the grace of thy Holy Spirit to  
amend our lives according to thy holy Word,  
*We beseech thee to hear us, good Lord.*

That it may please thee to forgive our enemies, persecutors, and slanderers, and to  
turn their hearts,  
*We beseech thee to hear us, good Lord.*

That it may please thee to strengthen such as do stand; to comfort and help the  
weak-hearted; to raise up those who fall; and finally to beat down Satan under our  
feet,  
*We beseech thee to hear us, good Lord.*

That it may please thee to grant to all the faithful departed eternal life and peace,  
*We beseech thee to hear us, good Lord.*

That it may please thee to grant that, in the fellowship of all the saints, we may attain  
to thy heavenly kingdom,  
*We beseech thee to hear us, good Lord.*



*Officiant* Son of God, we beseech thee to hear us.

*People* Son of God, we beseech thee to hear us.



*Officiant* O Lamb of God, that takest away the sins of the world, Have mer-cy up-on us.

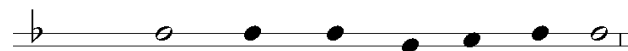
*People* O Lamb of God, that takest away the sins of the world, Have mer-cy up-on us.



*Officiant* O Lamb of God, that takest away the sins of the world, Grant us thy peace.



*Officiant* O Christ, hear us. *People* O Christ, hear us.



*Officiant* Lord, have mer - cy up - on us.

*People* Christ, have mer - cy up - on us.

*Officiant* Lord, have mer - cy up - on us.



## Collect of the Day

*Presider*     The Lord be with you.

*People*       **And also with you.**

*Presider*     Let us pray.

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**

*Please be seated.*

## THE WORD OF GOD

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**First Lesson:** Genesis 9:8-17

*Thomas Lipscomb*

*Reader*       A reading from the Book of Genesis.

God said to Noah and to his sons with him, "As for me, I am establishing my covenant with you and your descendants after you, and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth." God said, "This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth." God said to Noah, "This is the sign of the covenant that I have established between me and all flesh that is on the earth."

*Reader*       The Word of the Lord.

*People*       **Thanks be to God.**

**Psalm 25** *Ad te, Domine, levavi*

The People sing the **bold** verses, taking a brief pause at the asterisk.



- <sup>1</sup> To you, O LORD, I lift up my soul; my God, I put my / trust in you;\*  
let me not be humiliated, nor let my enemies tri/umph over me.
- <sup>2</sup> **Let none who look to you be / put to shame;\***  
**let the treacherous be disappoint/ed in their schemes.**
- <sup>3</sup> Show me your / ways, O LORD,\*  
and teach / me your paths.
- <sup>4</sup> **Lead me in your truth and / teach me,\***  
**for you are the God of my salvation; in you have I trusted all / the day long.**
- <sup>5</sup> Remember, O LORD, your compassion and / love,\*  
for they are from ev/erlasting.
- <sup>6</sup> **Remember not the sins of my youth and my trans/gressions;\***  
**remember me according to your love and for the sake of your good/ness, O LORD.**
- <sup>7</sup> Gracious and upright is the / LORD;\*  
therefore he teaches sin/ners in his way.
- <sup>8</sup> **He guides the humble in / doing right\***  
**and teaches his way to / the lowly.**
- <sup>9</sup> All the paths of the LORD are love and / faithfulness\*  
to those who keep his covenant and his tes/timonies.

**The Epistle:** 1 Peter 3:18-22

*Frank LaMay*

*Reader* A reading from First Peter:

Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight persons, were saved through water. And baptism, which this prefigured, now saves you~ not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

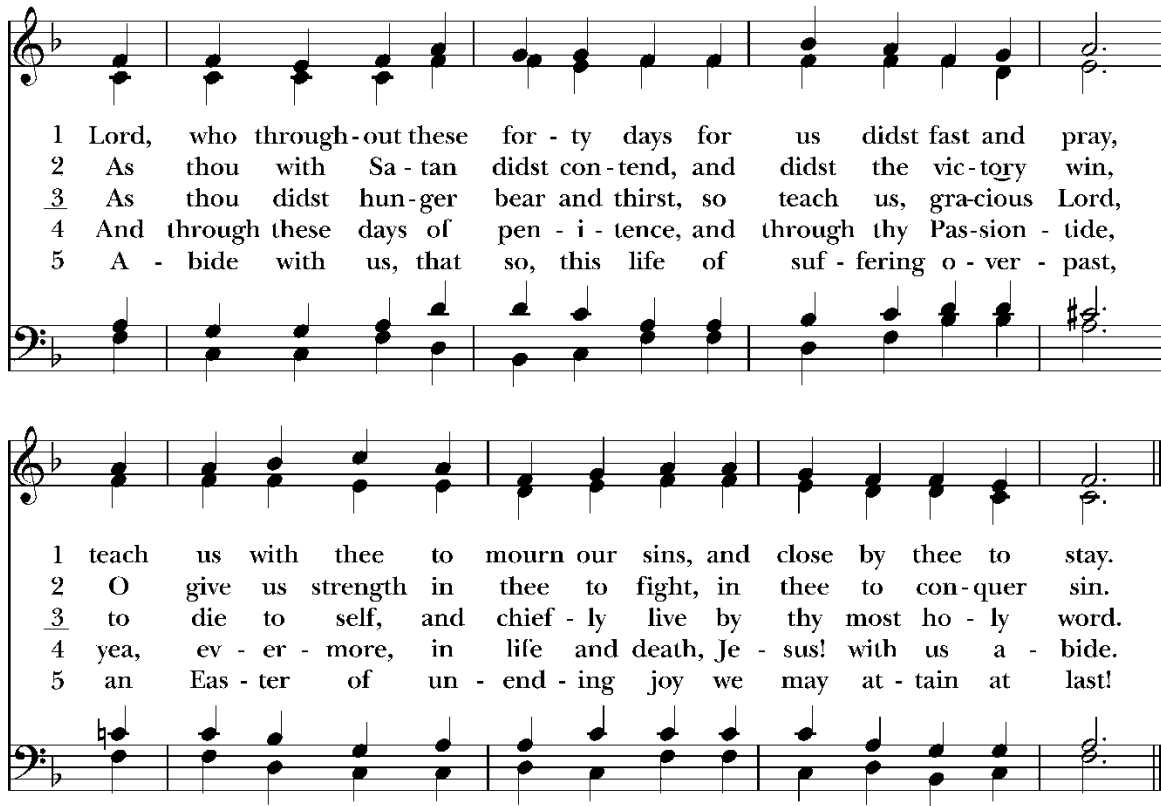
*Reader* The Word of the Lord.

*People* **Thanks be to God.**

*Please stand as able*

## Sequence Hymn 142

*St. Flavian*



1 Lord, who through-out these for - ty days for us didst fast and pray,  
2 As thou with Sa - tan didst con - tend, and didst the vic - tory win,  
3 As thou didst hun - ger bear and thirst, so teach us, gra - cious Lord,  
4 And through these days of pen - i - tence, and through thy Pas - sion - tide,  
5 A - bid with us, that so, this life of suf - fering o - ver - past,

1 teach us with thee to mourn our sins, and close by thee to stay.  
2 O give us strength in thee to fight, in thee to con - quer sin.  
3 to die to self, and chief - ly live by thy most ho - ly word.  
4 yea, ev - er - more, in life and death, Je - sus! with us a - bid.  
5 an Eas - ter of un - end - ing joy we may at - tain at last!

## The Gospel: Mark 1:9-15

*Celebrant* The Holy Gospel of our Lord Jesus Christ according to Mark.

*People* **Glory to you, Lord Christ**

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, "You are my Son, the Beloved; with you I am well pleased." And the Spirit immediately drove him out into the wilderness. He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him. Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

*Celebrant* The Gospel of the Lord.

*People* **Praise to you, Lord Christ.**

*Following a period of silence, the people stand.*

## Nicene Creed

*All*            We believe in one God, the Father, the Almighty, maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

## Prayers of the People, *Lent*

*Marshall McMain*

*Leader*        Have mercy on us, O God, according to your loving kindness; in your great compassion, hear our prayers. We pray for the church, for Michael, our Presiding Bishop, and Daniel our Bishop. And for all leaders, ministers and all the holy people of God. Wash us through and through,

*People*        **And cleanse us from our sin.**

*Leader*        We pray for our nation, for all the nations of the earth, for our leaders and all who govern and judge. Purge us from our sin,

*People*        **And we shall be pure.**

*Leader* We pray for those who hunger, those who thirst, those who cry out for justice, those who live under the threat of terror, war and violence, and those without a place to lay their head. For those who are ill, those in pain, those under stress, and those who are lonely, especially Linda, Don, Ruth & Barry, Rachel, Marie, Catherine, Julia, Matthew, Jamie, Diana, Steve, David, Doris, Judy, Alex & Nolan, Brian, Paula, Jon and Bob. Make them hear of joy and gladness,

*People* **that those who are broken may rejoice.**

*Leader* We pray that we all might be given the grace and strength to repent and grow closer to you, O God. Create in us clean hearts, O God,

*People* **and renew a right spirit within us.**

*Leader* We pray for those who have died and who have entered into the land of eternal Light and your abiding peace. Cast them not away from your presence,

*People* **and take not your Holy Spirit from them.**

*Leader* We pray for all the good things that have happened this week, and for our families, friends and neighbors. Give them the joy of your saving help.

*People* **and sustain them with your bountiful Spirit.**

*Presider* Lord Jesus, you proclaimed the Good News in Galilee, saying that the time is fulfilled and the kingdom of God has come near; grant us the strength and wisdom to repent and believe in the Good News, this day and always.  
**Amen.**

## **The Confession of Sin**

*Presider* Let us confess our sins to God.

*A brief period of silence is kept.*

*All* **God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.**

# The Absolution

*Presider* Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

# The Peace

*Presider* The peace of the Lord be always with you.  
*People* **And also with you.**

*You are invited to connect with your neighbors by shaking hands, hugging, waving, showing the peace sign, or using fist or elbow bumps. Following the Peace, the people are seated.*

## THE HOLY COMMUNION

## Offertory Sentence

*Presider* Show me your ways, O Lord, and teach me your paths. Lead me in your truth and teach me, for you are the God of my salvation; in you have I trusted all the day long. *Psalms 25*

## Anthem

*Remember Not, Lord, Our Offences*

Henry Purcell

Remember not, Lord, our offences, nor the  
offences of our forefathers;  
neither take thou vengeance of our sins:  
spare us, good Lord.

Spare thy people, whom thou hast redeemed  
with thy most precious blood,  
and be not angry with us for ever.  
Spare us, good Lord.

*Please stand as able.*

# The Great Thanksgiving

Enriching our Worship, Prayer 1

*Celebrant*     The Lord be with you.

*People*      And also with you.

*Celebrant*     Lift up your hearts.

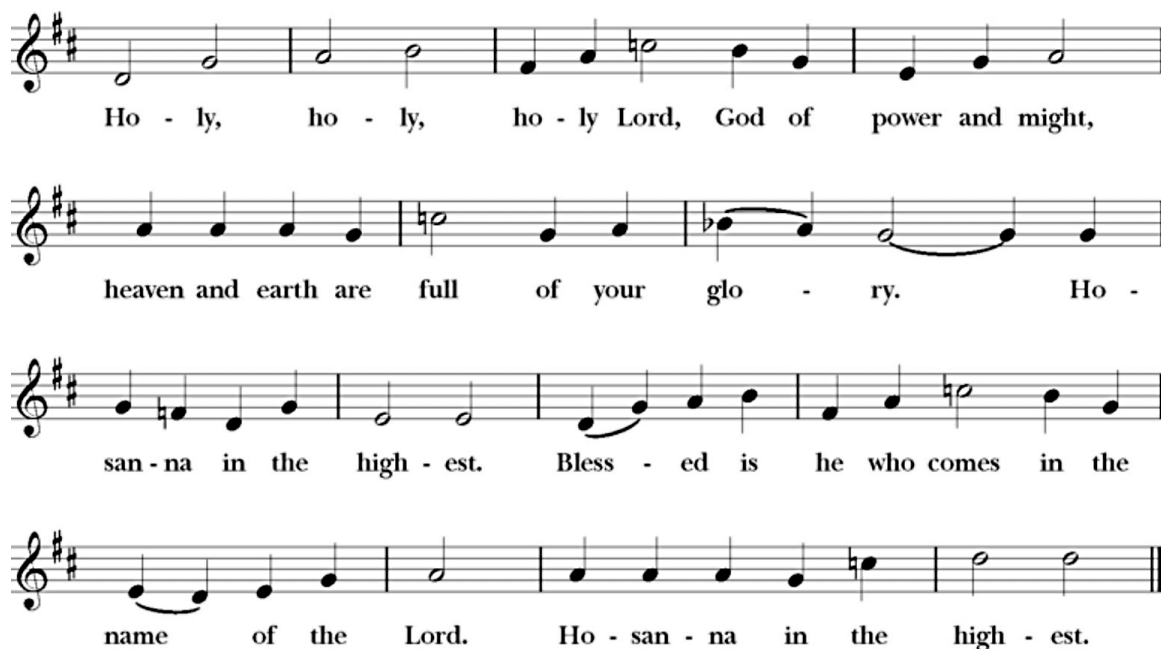
*People*      We lift them to the Lord.

*Celebrant* Let us give thanks to the Lord our God.

*People*      It is right to give God thanks and praise.

*Celebrant* It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy. You bid your faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that, fervent in prayer and in works of mercy, and renewed by your Word and Sacraments, they may come to the fullness of grace which you have prepared for those who love you. Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing:

### Sanctus: S-131



The musical score is written on four staves in G major (one sharp). The lyrics are: Ho - ly, ho - ly, ho - ly Lord, God of power and might, heaven and earth are full of your glo - ry. Ho - san - na in the high - est. Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

*The people remain standing or kneel.*

*Celebrant* Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace. But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people.

Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus.

Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

*All*

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

*Celebrant*

Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with all your saints, past, present, and yet to come, we may praise your Name for ever.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN.**

## **The Lord's Prayer**

*Celebrant*

And now, as our Savior Christ has taught us, we are bold to say:

*All*

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory for ever and ever. Amen.**

## **Breaking of the Bread**



## Agnus Dei: S-166



*Celebrant* The Body and Blood of our Lord Jesus Christ for the Body and Blood of our Lord Jesus Christ.

*The people are seated.*

### **Prayer for Spiritual Communion** *for those not taking communion or joining online today*

My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot now receive you sacramentally, come at least spiritually into my heart. As though you have already come, I embrace you and unite myself entirely to you; never permit me to be separated from you. Amen

*by St. Alphonsus de Liguori (1696-1787),*

### **Distribution of Communion**

*To receive communion, please follow the directions of the ushers to the rail at the front of the church. Gluten-free wafers are available. If you prefer a blessing, let us know! We will bring communion to anyone unable or uncomfortable coming to the rail.*

*The Communion Hymn continues on the following page.*

1. When from bond - age  
 2. When our God names  
 3. Through all stag - es  
 4. We must not lose  
 5. See the prize our

we are sum - moned out of dark - ness in - to light, we must  
 us a peo - ple, Je - sus leads us by the hand through a  
 of the jour - ney Christ is with us, night and day, with com -  
 sight of Je - sus, who ac - cept - ed pain and loss, who, for  
 God has prom - ised: end - less life with Christ our Lord. Now we

go in hope and pa - tience, walk by faith and not by sight.  
 lone - ly, bar - ren de - sert to a great and glo - rious land.  
 pas - sion for our weak - ness ev' - ry step a - long the way. Let us  
 joy of love un - meas - ured, dared em - brace the shame - ful cross.  
 fix our eyes on Je - sus, walk by faith in Je - sus' word.

throw off all that hin-ders; let us run the race to win! Let us

has-ten to our home-land and, re-joic-ing, en-ter in. in.

1. - 4. 5.

*Following the hymn, and at the invitation of the Celebrant, the people stand.*

## Post-Communion Prayer

*Celebrant* Let us pray.

*All* Loving God, we give you thanks for restoring us in your image and nourishing us with spiritual food in the Sacrament of Christ's Body and Blood. Now send us forth a people, forgiven, healed, renewed; that we may proclaim your love to the world and continue in the risen life of Christ our Savior. Amen.

## Blessing

*Celebrant* Live without fear: your Creator has made you holy, has always protected you, and loves you. Go in peace to follow the good road and may God's blessing be upon you and remain with you always. Amen.



1 The glo - ry of these for - ty days we  
 2 A - lone and fast - ing Mo - ses saw the  
 3 So Dan - iel trained his mys - tic sight, de -  
 4 Then grant us, Lord, like them to be full  
 \* 5 O Fa - ther, Son, and Spi - rit blest, to



1 ce - le - brate with songs of praise; for Christ, through whom all  
 2 lov - ing God who gave the law; and to E - li - jah,  
 3 liv - ered from the li - ons' might; and John, the Bride - groom's  
 4 oft in fast and prayer with thee; our spi - rits strength - en  
 5 thee be ev - ery prayer ad - dressed, who art in three - fold



1 things were made, him - self has fast - ed and has prayed.  
 2 fast - ing, came the steeds and char - i - ots of flame.  
 3 friend, be - came the her - ald of Mes - si - ah's name.  
 4 with thy grace, and give us joy to see thy face.  
 5 Name a - dored, from age to age, the on - ly Lord.

## Dismissal

Presider Let us bless the Lord.

People Thanks be to God.

*As a sign of fasting during the season of Lent,  
 there will be no Postludes until the Great Vigil of Easter.*

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Join us for  
**LENTEN MUSIC MEDITATIONS**  
 each Wednesday in Lent  
 12:15 - 12:45pm

## About this Service

**Service:** Everything you need to join in the service is in this bulletin. If you have questions or need assistance, please ask one of the ushers (who handed you this bulletin) or a neighbor in your pew.

**Children** are always welcome in our worship service and we love to hear their joyful sounds and see their wiggly ways! We have books for all ages and activity bags in the back for children who wish to stay with their families during the service. We also have the “Pew Pen” in the front of the church for those we need a little more space to move around.

**Restrooms** are located at the front of the church. Walk down the left aisle toward the door with the EXIT sign. Go through the door, and turn left. Men’s room is straight ahead, women’s to the right. If you prefer a gender neutral bathroom, please ask our ushers to show you where this is.

**Masks:** We don’t require masks, but we support you if you want to wear one. We generally ask staff and service participants to wear them when they aren’t feeling well. Please ask if you need one!

During **The Peace**, we connect with our neighbors to say hello and to offer each other the Peace of Christ (which is an incredible gift to give). You can shake hands, wave, show the peace sign or fist/elbow bump. Check in with your neighbor to see what kind of contact they want and follow their lead, and don’t be afraid to tell someone what’s best for you!

**Offering:** Halfway through the service you will notice that we pass a plate around to collect the offering. The offerings we give help to support to work this church does, the people who work here, and our programs for the neighborhood. If you wish to help support our amazing programs, you can put something in the plate, text **CHT DONATE to 73256** or using the QR code to the right. You can also sign up to give weekly with REALM ([www.htrit.org/give](http://www.htrit.org/give)).



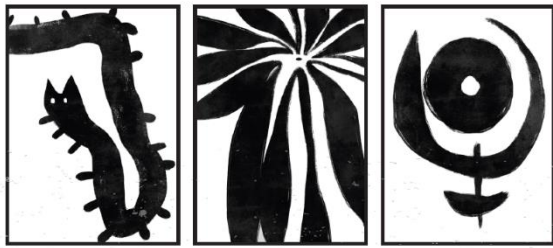
**Communion:** All who are baptized in any Christian tradition are welcome to join us for communion (all ages are welcome). If you prefer a blessing, please let one of the clergy know. We will share the bread and wine at the altar rail at the front of the church. Gluten free wafers are available. If you are unable to come to the front, or prefer to stay in your pew we will bring communion to you.

**More Information?** Join us at the Welcome table in the back of the church or visit our website [www.htrit.org](http://www.htrit.org) for more information and to sign up for the weekly E-News.

We ask that you **turn off or silence your Cell Phone** during the service. Thank you.

## More Information

**Adult Education** Join us each week at 9:30 am in the back of the church



### **C.S. LEWIS** AND THE DELIGHTFUL, DIABOLICAL DARING OF LENT A LENTEN COMPANION TO "THE SCREWTAPE LETTERS"

Our Lenten Adult Education will begin this weekend. We will be using a study guide for lent from Salt. Please email [rgardner@htrit.org](mailto:rgardner@htrit.org) if you would like a digital copy.

The guide will take us through CS Lewis' Screwtape Letters and readings from the Gospels. The book is available for free online or you can purchase for less than \$10 at a local bookstore. There is even an audiobook read by John Cleese, which should be a fun listen! The Screwtape Letters is a "playful, perceptive study of human life and struggle through the eyes of two fanciful characters, Wormwood, a young demon-in-training, and Screwtape, is uncle and mentor. Through 31 letters, Screwtape advises his nephew about how best to sabotage a human being's attempts to live a faithful,

fruitful, beautiful life." What better way to join in Jesus' own temptation and 40 days of lent than to walk with this book, "leaning into the power of literature to provoke thought and inspire action."

**February 18:** We will discuss the first 12 pages (1-4 chapters) of the book at the first class, but don't worry if you can't get to it! Come and participate anyway!

## Volunteer Opportunities

**Open Hearts Café**, our weekly meal and clothing service for our neighbors, is always open for volunteers and donations. Gently used clothing, especially coats, jeans, and shoes, and new socks, underwear and under garments are always needed!

Sign up to volunteer: <https://tinyurl.com/OpenHeartsCafeSignUp>



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**Share your Gifts!** We want to use YOUR gifts and skills. For specifics see below!

Read in church- Jeannie [communications@htrit.org](mailto:communications@htrit.org)

Join the altar guild! Don [mckenzie2101@aol.com](mailto:mckenzie2101@aol.com)

Bring treats to share - Nancy [nrasmussen2740@gmail.com](mailto:nrasmussen2740@gmail.com)

Acolyte/Chalice Donald [dmeineke@htrit.org](mailto:dmeineke@htrit.org)

Greet/Usher Nancy [nrasmussen2740@gmail.com](mailto:nrasmussen2740@gmail.com)

Flower arranging - Sally [sforemangriffith@gmail.com](mailto:sforemangriffith@gmail.com)

AV assistance - [communications@htrit.org](mailto:communications@htrit.org)

Welcome Team - Andy

**Church of the Holy Trinity, Staff**

The Rev. Rachel Wenner Gardner, *Rector*

The Rev. John Gardner, *Rector*

Donald R. Meineke, *Director of Music*

Fatimah Lane, *Director of Operations*

Ellen Miller, *Director of Communications*

Dr. Benjamin Leiby, *Associate Organist*

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**The Choir of Holy Trinity**

Gail Caruso, Stephanie DeMane, Will Dowling, Brian Felty, Franny Geller, Andrew Gutknecht, Alyson Harvey,

Kate Nicole Hoffman, Samuel Keeler, Thomas Kneeland, John Miles, Titus Muzi, Mike O'Bryan, Aimee

Pilgermayer, Eddie Rubeiz, Amanda Staub, & Austin Stewart

**Church of the Holy Trinity, Vestry**

Simson Hui, *Rector's Warden*

Greg Maughan, *Accounting Warden*

Gail Caruso, *Clerk*

Phillip Duffy, Monica Heuer, Margaret Hughes, Susan Leidy, Martha Lipscomb, Nancy Rasmussen,

Ali Shott, & Emily Stromberg

**THE CHURCH OF  
THE HOLY TRINITY**  
RITTENHOUSE SQUARE

