

Holy Week Intergenerational Activities

Join us at church as we enter the Triduum—the Great Three Days: Maundy Thursday, Good Friday, and Holy Saturday. Together, we prepare our hearts for the passion, death, and resurrection of Jesus Christ.

These ancient and holy days invite us to gather as a community of faith, supporting one another, reflecting deeply, and walking this sacred journey together, especially in uncertain times.

If you're unable to join us in person, or would like to observe these days at home with loved ones, we invite you to try the following simple, meaningful practices: *adapted from www.buildingfaith.org*

Maundy Thursday

On Maundy Thursday, we remember the Last Supper Jesus shared with his friends. He washed their feet, broke bread with them, shared wine, and cleared the table.

Washing One Another's Feet

Jesus washed his friends' feet as an act of love and service.

Fill a basin with warm water and take turns washing and drying one another's feet.

This simple act reminds us that following Jesus means serving others with humility and love. Let the quiet guide you as you prepare your hearts for the journey to Easter morning.

Time: 15–20 minutes | Ages: All

Clearing the Table

The ancient practice of “stripping the altar” can also be done at home. Remove everything from your dining table and gently clean the table together, taking turns.

This act helps us reflect on Christ's life being stripped away, and what the world feels like without the hope of resurrection. The emptiness we feel prepares us for Easter's joy.

Time: 15–20 minutes | Ages: All

Good Friday

On Good Friday, we remember Jesus' trial and death, when darkness fell and hope seemed distant.

Technology Fast

From noon on Friday until noon on Saturday, unplug from all devices: phones, tablets, TVs, and computers. Notice the discomfort, the silence, the disconnection.

This small fast helps us enter into the experience of Christ's followers, who felt lost and uncertain. What would life feel like if the story ended on Friday?

Time: 24 hours | Ages: All who use devices

Make a Paschal Candle

Create a family Paschal candle—a symbol of Christ, the light of the world. Use a white pillar or jar candle and decorate it with a cross, the current year, and symbols that remind you of Jesus and your faith.

Place it somewhere central in your home. Light it for the first time on Easter morning, and continue lighting it during meals or prayers throughout the Easter season (through Pentecost). Each time, say together: “*Come, Jesus, come.*”

Time: 15–30 minutes | Ages: All

Holy Saturday

Holy Saturday is a day of waiting, living between what has been and what is yet to come.

Wax Crayon Eggs

Draw designs on hard-boiled eggs using a white or light-colored wax crayon. The drawings will be invisible at first. Dip the eggs into dye and wait... and wait a little longer.

When you remove them, your hidden designs will appear in bright white against the color. Like Mary and the disciples, we trust that something beautiful is unfolding, even when we cannot yet see it.

Time: 30–60 minutes | Ages: 3–10 (and fun for adults too)