

Welcome to faith formation support as we learn to **Love Like Jesus**.

Theme for May: Getting Started with the Way of Love

CHOOSE ONE SCRIPTURE (or explore all three throughout the week)

you can use any translation of the bible you like – if you don't have one you can find one online:

www.biblegateway.com

Scripture Option 1: Jesus Washes His Friends' Feet

Read *John 13:3-35*

Scripture Option 2: God Creates Everything, including People in God's Image

Read *Genesis 1*

Scripture Option 3: The Greatest Commandment

Read *Mark 12:28-31*

REFLECTION QUESTIONS (individually or as mealtime discussion)

- Which of these three scriptures resonates most with you right now? Why?
- Where have you seen love-in-action this week (someone washing feet, so to speak)?
- When have you given love the way Jesus gives? How have others reacted? How did you feel?
- When have you felt that kind of love? Have you been embarrassed like Peter? Have you rejected it like Judas will later?
- Do you feel like you were created in God's image? When do you feel that with your whole self? When do you feel far from that image?
- What would it look like to love God "with all your mind" in this moment in time? Or "all your heart"?

BEDTIME (OR ANYTIME) PRAYER

Loving God, you have created me in your image and called me your own. Thank you for the steady love you give to me, not because of what I do, but because of who you are.

As this day comes to a close, I reflect on where I have lived in that love and where I have fallen short. Receive it all with mercy. Renew in me a desire to serve, not out of obligation, but as a response to your grace. Open my eyes to the needs around me, and shape my life to reflect your compassion, humility, and care.

As I rest, quiet my mind and restore my spirit. Form me more fully into your likeness, that tomorrow I may love more freely and serve more faithfully. Amen.