

PLAY IT – Week 3: Getting Started with the Way of Love

Big Idea: Play helps us practice the Way of Love. Through movement, creativity, breath, and joy, we learn how God’s Spirit moves in us and through us.

Core Truth for All Ages: God’s Spirit is like breath or wind. It is unseen, powerful, life-giving, and something we can join.

Age Group	Theme	Main Activity	Key Connection	Conversation / Reflection
Ages 0–4	Feel It	Bubbles & Wind Dancing with scarves, ribbons, or tissue paper	Children experience breath, wind, movement, and joy physically and sensorially.	“We can’t see the wind, but we can see what it does. God’s Spirit is like that.”
Ages 5–10	Build It	Create Pinwheels using paper, pencils, and pipe cleaners. Add Way of Love words: TURN, PRAY, REST, GO, BLESS, LEARN, WORSHIP.	God’s breath and our breath create movement. The Way of Love helps us grow in love.	“What helps your pinwheel move?” “What helps people grow in love?”
Ages 11–13	Play With It	Wind Challenges & Life Spinner — spin games, one-breath challenges, choose a Way of Love practice for the week	Faith grows through intentional choices, courage, and practice.	“What helps your faith move?” “What slows you down?”
Ages 14–18	Explore It	One-Breath Courage Challenge and “Steady Wind vs. Chaotic Wind” reflection	The Spirit moves when we move intentionally and authentically.	“What helps you feel grounded?” “What creates chaos?”
Adults	Live It Intentionally	Breath Prayer, Pinwheel Reflection, & What Moves You? Conversation	Spiritual life is shaped by rhythms, intentional practices, and openness to God’s movement.	“What currently drives your life?” “Where is God inviting you to move, rest, or reconnect?”

Shared All-Ages Activity: Way of Love Pinwheels

Purpose

The pinwheel reminds us that God’s Spirit — like breath or wind — moves in and through all of us.

Materials

- Square paper (6x6)
- Pencil with eraser
- Pipe cleaner
- Push pin/thumbtack
- Scissors
- Glue
- Decorating supplies

Simple Directions

1. Fold square paper corner-to-corner both ways.
2. Decorate the square.
3. Cut along fold lines toward the center.
4. Label points with Way of Love practices:
 - TURN
 - PRAY
 - REST
 - GO
 - BLESS
 - LEARN
 - WORSHIP
5. Fold every other corner into the center.
6. Attach to pencil with pipe cleaner and pin.
7. Blow and watch it spin!

Take-Home Practice

Encourage households to:

- notice wind and movement outdoors,
- practice one Way of Love discipline together,
- ask daily reflection questions at meals or bedtime,
- use the pinwheel as a reminder that God’s Spirit is always moving among us.

Weekly Invitation

“How can we practice God’s love with joy, movement, creativity, and courage this week?”