

WEEK 2 — LIVE IT - “Turning Into a New Way”

Weekly Focus; Action • Discipleship • Leaving & Following

This week focuses on living differently because of God’s love. Jesus does not simply invite people to believe ideas—he invites them to follow him with their actual lives.

In Matthew 4:18–20, the disciples leave their nets and begin a new way of living. Following Jesus means practicing love in everyday choices, relationships, habits, and actions.

TURN becomes visible when we LIVE IT.

SCRIPTURE FOCUS

Main Scripture: Matthew 4:18–20

“And he said to them, ‘Follow me...’”

Supporting Scriptures: Luke 15:11–32, Psalms 51:10–12

OPENING PRAYER (ALL AGES)

“Jesus, teach us how to follow you in real life. Help us choose love, kindness, courage, and mercy each day. Show us what we need to leave behind and guide us into new life. Amen.”

WEEK 2 KEY PRACTICE - “ONE STEP FOLLOW”

Do one action that reflects Jesus this week.

Examples:

- encourage someone
- apologize sincerely
- include someone lonely
- pause before reacting
- help without recognition
- choose kindness intentionally

Remind all ages: **Small steps matter. Following Jesus happens one choice at a time.**

WEEK 2 FAMILY BLESSING

“May Jesus guide your steps this week. May you have courage to leave behind what harms and wisdom to choose love in everyday life. May your actions reflect grace, kindness, and compassion. Amen.”

TURN Week 2: Live it
AGES 0-4

Main Idea: Jesus helps me follow with love.

Story Focus: Tell the story of Jesus calling friends to follow him:

Keep language simple and joyful.

- Jesus walks by the water
- He says, "Follow me!"
- They walk with Jesus

Activities

- Play "Follow Jesus" walking games
- Practice helping clean up toys
- Share snacks with others
- Follow footprints taped on the floor

Movement Activity (Follow Jesus walking Games)

Leader says:

- "Follow Jesus with kind hands!"
- "Follow Jesus with helping feet!"
- "Follow Jesus with sharing!"

Bedtime Prayer

"Jesus, help me love you. Amen."

TURN Week 2: Live it

AGES 5–10

Main Idea: Following Jesus means showing love in real life.

Scripture Focus

Read Matthew 4:18–20 together:

While Jesus was walking along the shore of Lake Galilee, he saw two brothers. One was Simon, also known as Peter, and the other was Andrew. They were fishermen, and they were casting their net into the lake. Jesus said to them, “Follow me! I will teach you how to bring in people instead of fish.” Right then the two brothers dropped their nets and went with him. (CEV translation)

Discuss:

- Why did the disciples follow Jesus?
- What do you think they left behind?
- What does following Jesus look like for kids?

Activity Ideas

- Kindness challenge chart – think of things together that show kindness. Put them into a chart and place heart stickers on them when they are completed.
- “Follow Me” bracelet craft – Create a beaded bracelet that says “Follow me” or “I will follow” or whatever you think will remind you of this lesson.
- Secret acts of kindness
- Draw ways to help others this week

Weekly Practice

Encourage children to:

- include someone lonely
- help without being asked
- share generously
- speak kindly

Bedtime Prayer

“Dear God, help me choose love tomorrow. Help me follow Jesus and do what is good. Amen.”

TURN Week 2: Live it

AGES 11–13 (Tweens)

Main Idea: Following Jesus requires intentional choices.

Scripture Reflection

Read: Matthew 4:18–20

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Discuss what “nets” might symbolize today: distractions, insecurity, pressure, habits, fear of fitting in

Journal Prompts

- What is one habit, reaction, or pattern I want to “turn from” this month?
- When do I notice myself reacting automatically instead of choosing love?
- What would it look like to replace one negative habit with a Jesus-like response?
- Where am I being invited to grow, even if it’s uncomfortable?

Dinner Discussions

- What are “modern nets” that keep people stuck (phones, pressure, habits, insecurity, etc.)?
- Why is it hard to change patterns even when we want to?
- What does it look like to grow without beating yourself up in the process?

Spiritual Practice

Choose one “One Step Follow” action:

- pause before reacting
- encourage someone daily
- spend less time scrolling
- pray before difficult conversations

Closing Prayer

“Jesus, help me follow you with courage and kindness. Teach me how to grow into love one step at a time. Amen.”

TURN Week 2: Live it

AGES 14–18 (Teens)

Main Idea: Discipleship means allowing Jesus to reshape our lives.

Scripture Exploration

Read: Matthew 4:18–20

Walking along the beach of Lake Galilee, Jesus saw two brothers: Simon (later called Peter) and Andrew. They were fishing, throwing their nets into the lake. It was their regular work. Jesus said to them, “Come with me. I’ll make a new kind of fisherman out of you. I’ll show you how to catch men and women instead of perch and bass.” They didn’t ask questions, but simply dropped their nets and followed. (*The Message* translation)

Discuss:

- Why do people resist change?
- What does modern discipleship look like?
- What “nets” keep teenagers trapped?
- What would healthy transformation actually look like?

Reflection Questions

- What habits shape my identity?
- What keeps me from becoming more loving?
- Where is Jesus inviting me into discomfort, growth, or courage?
- What does “leaving behind” look like emotionally or spiritually?

Activity

Invite teens to write one “net” on paper and one new practice on the other side:

- comparison → gratitude
- anger → pause
- isolation → connection
- fear → honesty

Spiritual Practice

Try one intentional practice this week:

- limit phone use
- practice daily prayer
- encourage someone intentionally
- apologize quickly
- serve quietly

Prayer

“Jesus, help me become the person you are calling me to be. Teach me to choose love over fear and growth over comfort. Amen.”

TURN Week 2: Live it

ADULTS

Main Idea: Following Jesus requires continual reorientation toward love.

Scripture Reflection

Reflect on the disciples leaving their nets immediately after Jesus calls them.

Matthew 4:18-20

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Consider: What "nets" hold me back?

- productivity
- comfort
- fear
- control
- resentment
- distraction

Discussion Themes

- What competes for our attention and devotion?
- How do habits shape spiritual formation?
- What does discipleship look like in ordinary life?
- How can transformation happen without shame?

Personal Reflection - Complete the sentence:

"Jesus may be inviting me to leave behind..."

Spiritual Practice for the Week Practice "One Step Follow"

Choose one concrete act daily:

- forgive quickly
- listen deeply
- simplify
- pray intentionally
- serve quietly
- reconnect relationally

Closing Prayer

"Jesus, reorder our lives around love. Help us leave behind what keeps us stuck and teach us to follow you with faithfulness, courage, and compassion. Amen."